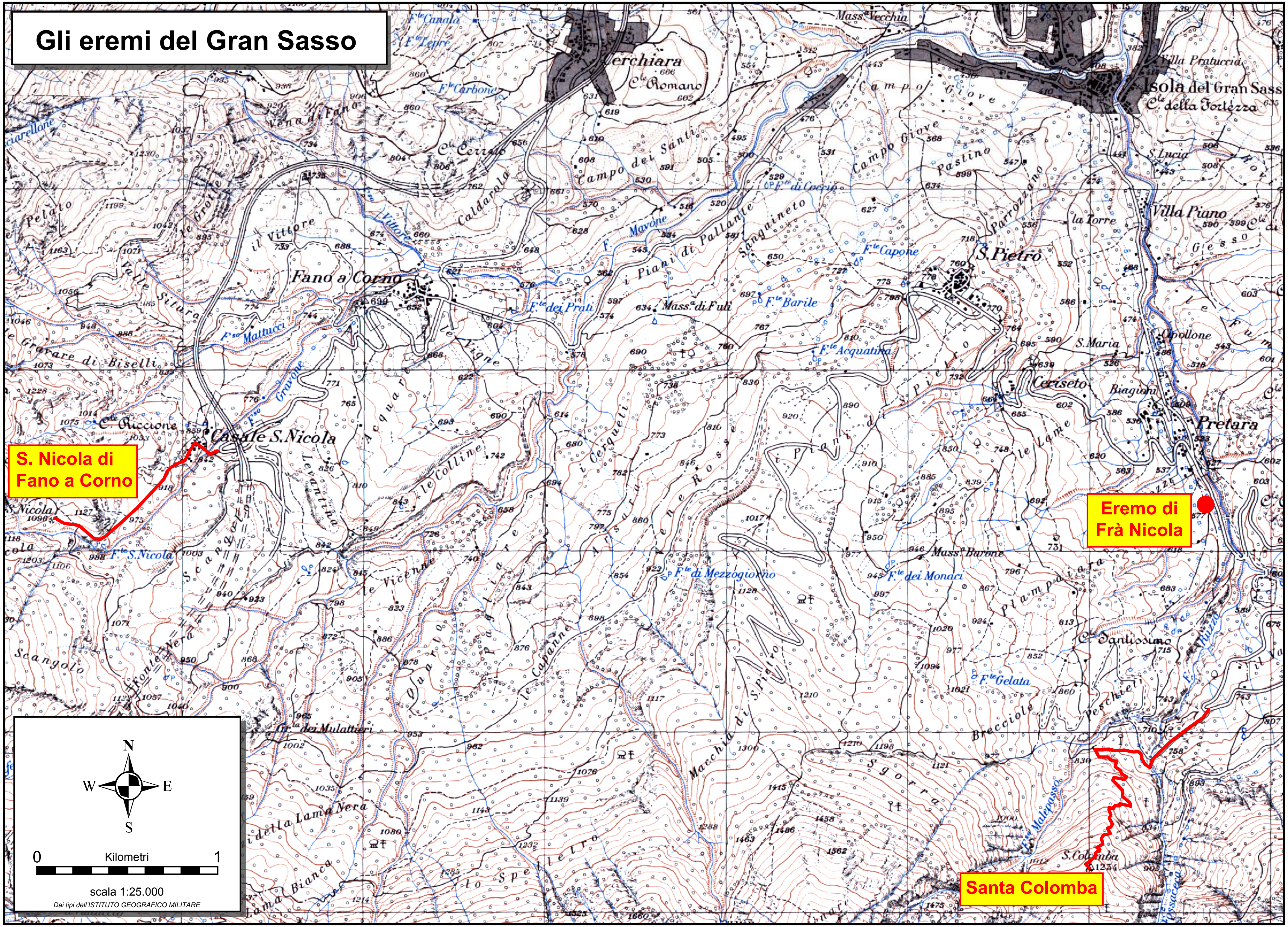Gli eremi del Gran Sasso